



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS DELTA KAPPA GAMMA

February/March 2014

Alpha Xi Chapter

President's Message



OFFICERS

Barb MacDonald – President
bmacd@zoominternet.net

Paulette Hemmings – 1st V. P.
Paulette.hemmings@yahoo.com

Karen Klingman – 2nd V. P.
Klingman k213@yahoo.com

Karen Ulrich – Recording Sec.
karenulrich1@gmail.com

Peg Maser – Corresponding Sec.
mamwww@verizon.net

Marg Foster – Treasurer
margfoster4@gmail.com

Terry Klein – Parliamentarian
tmklein@zoominternet.net

Dear Ladies,

It was great to see so many of you on Thursday February 6th. We were glad the weather was great since this January and early February has had lots of winter challenges. A big thank you to Phyllis Jenny and Paulette Hemmings for setting up and coordinating the use of this space with the church. Thanks to all who lent a hand to clean up.

Susan Frantz lead us on an interesting discussion of what we learn from our students and what we learn about ourselves through our educational lives that would make for interesting life stories or opportunities for students to interact with the community. We thank Susan for sharing this adventure with us.

We will be welcoming one new member, awarding a grant in aid, and initiating new officers in May. So put **May 3rd** on your calendar for these great events.

Our next meeting is **March 18** and we will be creating a wonderful canvas suitable for hanging. We will have our meeting during sandwiches and you need to bring your own beverage. There are lots of details within the newsletter. Paint Monkey is providing special pricing for this evening. It is designed for artists of all levels including novices like me, so don't feel that you can't do this.

Also don't forget about the **Jared Box Project**. Items can be brought to the March 18th meeting or to Ellen Rodwick's on April 7th after 3 p.m. Recall that these are small items to help amuse or help to fill a child's day for a chronically ill child that fit into a shoebox. On April 7th, we will decorate and fill boxes. Ellen provides wonderful treats to fill up our body while we are visiting and helping to booster the spirit of these children in need. Ellen lives behind Northway Shoppes (Mall). You can always call her for directions. She lives at 106 Jude Dr. Pittsburgh 15237 with phone 412-364-7354. She should be back in town at the end of March.

We are continuing to work towards approving the Bylaws for our Alpha Xi Chapter. Please email Melody or Paulette any feedback you may still have. We will be doing an electronic vote after the March meeting. We need all of your input.

Once again thank you for all you do for education and our Chapter of Delta Kappa Gamma.

Barb MacDonald
bmacd@zoominternet.net



Are you overachieving and overachieving?

March Meeting

**CAMARADERIE, CASUAL CUISINE
AND CREATIVITY!!**

Our next meeting will be a hands-on painting party at the **Paint Monkey** in Cranberry where you can release your creative side! We hope that you'll be able to join us on **Tuesday, March 18th from 5:00-8:00** for a very unique experience!

DETAILS?

- 5:00-5:30 Business meeting/light dinner provided by Alpha Xi, plus bring your own beverage-coffee, tea, water, wine, soft drink, etc.
- 5:30-8:00 Create your masterpiece! Not an artist? Everyone paints the same painting, which has been pre-selected. Talented local artists will have lightly sketched your painting on canvas for you to use as a guide so you can relax, socialize, and have fun! Then they will guide you through the painting, step by step, and when you're finished you'll have a 16x20 work of art to take home!
- Wear something comfortable, and aprons will be provided to protect your clothing.
- Price: \$32 all-inclusive for an evening that you won't forget! (The price covers the cost of the light dinner and the painting session).
- Questions? Contact Paulette Hemmings at 412-331-7894 or paulette.hemmings@comcast.net



I ran across this article and it is certainly some food for thought. Are all Delta Kappa Gamma members overachievers to some degree?

Adapted from Denise Ryan (Firestar)

1. There is no finish line, so quit trying to cross it. Screwed up at work yesterday? Well, guess what? Unless you did something illegal, there will be plenty of work for you to not screw up tomorrow. Regret yelling at your child/spouse/dog? Well you've got plenty of future interactions to get it right. Life is a long journey.
2. Accept that you are going to screw up. You are. I am. The President does. We all do. Despite our best efforts we are going to make mistakes. Don't be harder on yourself than anyone else is. No one expects you to be perfect. Learn from it, do your best to fix it, then move on. Face it, if you could have done it better, you would have. You did your best – that's who you are. Let it go and do better next time.
3. Give yourself permission to deal with stuff. If you get sick, give yourself permission to get better. It's okay to not have the house spotless if you have a big project at work. It's okay to go to your boss and ask for help if your child is really sick. Have a meeting with yourself and get some clarity!
Here's why we overachievers struggle with this – we don't want to be seen as weak, incompetent, slack.
I'm here to tell you – you aren't. Yeah, a lot of people are. They make sure they take every sick day, because it's "owed" to them. They never come to work early and they are first out the door. This is not you! Ease up. Sometimes you simply have to deal with things that may not be directly related to your success. They may be inconvenient and annoying, but are important to the bigger picture.
4. No one cares as much as you.
5. If stuff never comes up, maybe you aren't living richly enough. Love this quote by Goethe, "He who lives but to save his life, is already dead." Almost everything in life that's worth doing means taking a chance, spending some time that may or may not be productive in the long run.
6. There really is a time to reap and a time to sow. We overachievers just have time with the part in the middle – the whole growing thing. It seems a waste of time, nothing seems to be happening! We need to do something! Can we reap yet? Should we sow some more? The art of life is knowing when to rest and when to work. When to deal with drama and when to tell people to suck it up. When to ease up and when to push harder. And the only guides you're going to get are your own health (or lack thereof) and happiness (or lack thereof).
7. Life really isn't a competition. We often compare ourselves with others, who seem somehow to have major surgery, move, write a book, have two kids and run for office at the same time. We feel inadequate, inferior. But at the end of the day, what other people are doing doesn't matter. The only thing that matters is your happiness.



DELTA KAPPA GAMMA PROGRAM

TUESDAY, MARCH 18, 2014

PAINT MONKEY

1301 FREEDOM ROAD

CRANBERRY, PA 16066

PROGRAM:

Our March meeting will certainly connect to this year's theme of ENRICH by focusing on the "C," to Create. We will meet at the Paint Monkey in Cranberry, where we will share an exciting experience as we create a masterpiece to take home!

SCHEDULE:

Light dinner and business meeting 5:00-5:30

Painting session 5:30-8:00

MENU:

Variety of sandwiches (roast beef, ham, turkey, egg salad, tuna salad, chicken salad), chips, cookies

Bring your own beverage: soda pop, coffee, iced tea, wine, lemonade, water, etc.

COST: \$32 per person, which includes the cost of the light dinner and the painting session

RESERVATION AND PAYMENT DUE BY MARCH 8, 2014

CHECKS MADE PAYABLE TO: DELTA KAPPA GAMMA

SEND TO:

Paulette Hemmings

5052 Windriver Drive

McKees Rocks, PA 15136

Questions? Contact Paulette at 412-331-7894 or paulette.hemmings@comcast.net

YOUR NAME _____

ANY PROFESSIONAL OR PERSONAL NEWS THAT YOU WOULD LIKE TO SHARE WITH MEMBERS:

Meeting Minutes

February 6, 2014

Trinity Lutheran Church 4:45 P.M., 21 present

President Barbara MacDonald opened the business meeting at 5:00 P.M. Two guests were introduced: “old member” Nancy Moore was Phyllis Jenny’s guest, and Caitlin Bogasta, assistant principal of Pine-Richland Middle School, was Susan Frantz’s guest.

Barb MacDonald read “I Will Do More” as the inspiration. It came from a book of Delta Kappa Gamma entries that Barb had gotten from Barb Rankin.

Karen Klingman moved and Diane Goff seconded the motion to accept the minutes as printed in the newsletter for the December meeting. Motion carried. Darlene Farrell also corrected a piece of information from the December newsletter—she ONLY has 15,000 cookie cutters, not the 50,000 stated in the newsletter.

The treasurer’s report shows a balance of \$3,032.50.

Membership chair Karen Klingman read the application of Diana (Dede) Rittman as a candidate for membership. Barb MacDonald moved and Jane Sestric seconded a motion to offer Dede membership in the chapter. All were in favor. Karen also read “Steps to Re-Member”, a move to get more members. She reminded us that there are no fees or costs to re-join Delta Kappa Gamma except for paying the current year’s dues.

Terry Klein, chair of the Grant-in-Aid committee, read the application of Joanna Weber to receive the biennial Grant-in-Aid for the chapter. Joanna attends Point Park University and is a North Allegheny graduate. Terry Klein moved and Karen Klingman seconded a motion to award Joanna the Grant-in-Aid. Motion carried.

Melody Hannegan gave us U.S. Forum information. Deb McMullin collected the checks for Room to Read, and members provided recipes from books they had been reading.

For the Bylaws revision, Melody proposed a vote by e-mail. After continued discussion, it was moved that the vote could be taken electronically (or by U.S. mail if a member has no access to a computer) after a final copy of the bylaws is delivered to the members. Terry Klein seconded. Motion carried. This process is to happen soon, so watch your e-mail, read the information, and vote. These new bylaws affect everyone in the chapter.

We received one child’s chair that will be decorated and taken to the state convention. Next year we will raffle it off to raise funds for Head Start classrooms in PA.

Nominations chair Phyllis Jenny read the slate of officers for the 2014-2016 biennium: Melody Hannegan, President; Paulette Hemmings, first vice president; Faith Jack, second vice president; Peg Maser, corresponding secretary; Karen Ulrich, recording secretary.

Jared Boxes will be filled at Ellen Rodwick’s house on April 7 starting at 3 P.M. Be on the lookout for items to place in the boxes or stickers to decorate them for patients at Children’s Hospital.

We sang the Delta Kappa Gamma song to end the business meeting at 5:55. Barb Lanza won the raffle basket of lottery tickets.

After a potluck dinner provided by the members, the program was presented by Dr. Susan Frantz. She discussed her book, *Beyond the 21st Century Classroom*. An introduction by Paulette Hemmings informed us that the book was about how to extend learning beyond the school walls and get students involved in the community. “I started hearing voices...that the students wanted to do more (than collect items and donate them), said Susan. She explained that the activities need to be tied in to the curriculum, too. She read testimonials from former students about how the projects the students undertook really made a difference in their lives. Caitlin Bogasta added details from her experience in Susan’s class and how she tries to encourage teachers in her building to get the students involved. Susan also talked about self-publishing and gave us a bibliography of sources to use if we were so inclined.

The next meeting is March 18 at Paint Monkey in Cranberry.

Respectfully submitted,

Karen Ulrich, Recording Secretary



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS DELTA KAPPA GAMMA

IMPORTANT DATES

Upcoming Meeting:

Saturday, May 3rd 10:45 a.m. at
Treedale Country Club

New Member Induction &

Installation of officers

with

Musical entertainment featuring

Debbie Stackrow on the harp

Addendum

Darlene Farrell's cookie collection numbers
around 15,000 not the 50,000 previously
reported in the last newsletter.

PRODUCTIVE PROJECTS !

Imagine being a young child, receiving chemotherapy or dialysis, in a hospital. This might be your first time, or your sixth- fears and questions fill your mind. Then, a kind person hands you a plastic shoebox, and says it is all for you! As you delight in seeing crayons, coloring books, markers, drawing pads, games, puzzles, silly-putty, stickers and small toys - you focus on your gift and your fears vanish, at least for awhile.

Ten thousand such boxes have been distributed around the country. Named "Jared Boxes", after a brave little boy who ultimately lost his battle to cancer, this has been one of our chapter's favorite projects. While you are shopping for items, we especially need items for boys. The age ranges for the girls and boys who are the recipients are----

Under 2-----2 to 4-----4 to 8-----8 to 11-----11 to 14-----14
and up.

Materials must be new, and be able to fit in a plastic shoebox. Please bring stickers and decals, as well as other items for decorating the exterior. Here is your chance to be creative! So, here is your checklist!

1. Purchase items for Jared Boxes, and bring them to our March 18 meeting. If you can't attend, give your purchases to a friend who is coming to the meeting. If you are unable to do either----bring a cash donation in an envelope marked "Jared Boxes".

2. Mark your calendar for our gathering to fill and decorate the boxes. Please come to Ellen Rodwick's home on April 7, any time after 3 P.M. The address is 106 Jude Drive, Pgh., PA. 15237 (Just off Brown's Lane - behind Northway Mall.) Snacks and drinks will be provided. (Do I hear chocolate?)

PLEASE R.S.V.P. by e-mail by April 1st to errodwick@aol.

Finally, thanks to all of our members who helped to raise \$170.90 for "Room to Read" at our February meeting. I am sure that those who couldn't attend or forgot would love to help us boost that amount to \$200! I know that schools in war-torn Africa and Asia would be overjoyed to receive instructional materials, teacher training, classrooms they only dream of, and libraries as well. I'll bet you weren't aware that "Room to Read" supports girls so they not only graduate from school, but also develop skills needed to negotiate key life decisions. Inspired? Send a check to Marg Foster. Make it payable to D.K.G., with Room to Read on the notation line. Many thanks to our many generous members. Are you willing to support our projects??



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA

Under Joys and Concerns:

Upcoming Meeting: Tuesday March 18th at the Paint Monkey in Cranberry Twp. to explore your artistic side and CREATE.

Did you notice?

In the **Keystonian**-information about the State Convention held June 13-15 at the Nittany Lion Inn at State College. Details can also be found at alphaalphapa.com

At that time, Barb MacDonald will be transferring the presidency of Alpha Xi to Melody Hannegan.

Also the International Meeting held July 28 to August 1 in Indianapolis, Indiana. More information at dkg.org

Peg Maser
109 Carriage Hill Rd
Glenshaw, PA 15116-1015

March 18th meeting:

Greeter: Barb Rankin

Inspiration: Please volunteer

Raffle: "The Shaler Girls"

Alpha Xi website:

<http://alphaxipadkg.weebly.com/>